

OET PRACTICE TESTS

LISTENING 1



Get
there
faster.



Listening Test: Part A

Instructions

TIME LIMIT: 22 MINUTES

In this part of the test, you will hear an occupational therapist talking to Chris, a man who has had a hand injury.

You will hear the consultation **ONCE ONLY**, in sections.

As you listen, you must make notes about the consultation using the headings given on the answer paper.

You must give as much relevant information as you can under each of the headings provided. You may write as you listen, and there will be pauses during the consultation for you to complete your notes under the relevant heading, and to read the following heading.

There will also be two minutes at the end of the test for you to check your answers.

Give your answers in **NOTE FORM**. Do not waste time writing full sentences.

Now look at Question 1. Question 1 has been done for you.

1. Initial details of Chris' medical problem

- *injured right hand*
- *injury occurred a few months ago*
- *right-handed*

2. Chris's medical history

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

3. Chris's exercise, work and hobbies

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

4. Background of the hand injury and immediate treatment

Details of the hand injury incident

- _____
- _____
- _____

Details of what happened next

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

5. Initial follow-up therapy

- _____
- _____
- _____
- _____

6. Chris's current concerns

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

7. Katrina's examination and advice about Chris's scar

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

8. Chris's grip strength

Chris's comments before examination

- _____
- _____

Katrina's comments after examination

- _____
- _____
- _____
- _____
- _____
- _____

9. Chris's swelling

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

10. Katrina's recommendations for the future

- _____
- _____

PAUSE – 30 SECONDS

END OF PART A

TURN OVER FOR PART B

Listening Test: Part B

Instructions

TIME LIMIT: 25 MINUTES

In this part of the test, you will hear an occupational therapist talking to Chris, a man who has had a hand injury.

You will hear the consultation **ONCE ONLY**, in sections.

As you listen, you must make notes about the consultation using the headings given on the answer paper.

You must give as much relevant information as you can under each of the headings provided. You may write as you listen, and there will be pauses during the consultation for you to complete your notes under the relevant heading, and to read the following heading.

There will also be two minutes at the end of the test for you to check your answers.

Give your answers in **NOTE FORM**. Do not waste time writing full sentences.

Now look at Question 1. Question 1 has been done for you.

1. Fill in the gaps (done as an example).

- The speaker is an endocrinologist with a special interest in the menopause, its endocrinology and its management.
- The topic the speaker plans to talk about today is menopause management.

2. Correct each sentence by crossing out the wrong word (e.g., ~~wrong~~) and writing the word the speaker used on the line directly below.

You must cross out and write **ONE WORD ONLY**. The first answer has been done for you as an example.

The menopause is the ~~onset~~ of menstruation due to loss of ovarian follicular function. [example]

_____ cessation _____

The major hormonal event is that the ovaries rapidly stop making the main estrogen, estradiol.

The levels of estradiol in the blood fall by more than 80 per cent.

That fall may precipitate a variety of symptoms

About 20 per cent of women have mild, if any, symptoms.

And 20 per cent have symptoms which severely impact their quality of health.

3. Answer the questions below according to the information given by the speaker.

1. What does he mention as the gold standard treatment?

2. Where was the study conducted?

3. How many randomised control trials were there?

4. What did the study focus on?

5. Which **two** medical conditions did the research address?

4. Complete the following sentences.

1. The trial involved in total about ...

2. Typically women who would be considered for hormone therapy are aged ...

3. The trial therefore did not address ...

4. The first major result was the treatment ...

_____ by _____

5. This result was frightening but also ...

6. The second result was surprising because previous research has suggested hormone therapy ...

5. Complete the following lecture notes.

Analysis of non-trial data: Risk

Source

Published in 19 _____, in The Lancet

Conclusions

Of 1000 women aged 50 to 70.....

Without any treatment:

About _____ would develop breast cancer.

With treatment:

Two more develop breast cancer after _____
_____ after ten years.

Twelve more after _____ or more years

Absolute _____ of 1.2%

Increased risk similar to:

Drinking more than two glasses of alcohol per day

Being _____

Having the first period before the age of 12

Having last period _____

Treatment type:

Risk less for _____ therapy than _____ therapy.

6. Complete the gaps in the summary.

The speaker summarises the results of the randomised trials and _____ studies. He suggests that it is very different to give a woman an _____ of risk. It is estimated that for Australian women, increase in risk varies from _____ to 12 more instances, per thousand women, per _____ years. The risk may increase after three years for some and risk assessment is an overall _____ of benefits and risks when advising a patient.

7. Complete the following diagram.

Menopause symptoms	Urogenital atrophy
- _____	- _____
- night sweats	- uncomfortable sexual intercourse
- sleep disturbances	- _____ frequency
- _____	and - _____
- irritability	
- nervousness	
- _____	

↑
Indications for hormone therapy
 ↓

Prevention and treatment of _____.

8. Complete the gaps in the following table.

Hormone Therapy Medication

Treatment/medication	Details and dosage (in mg per day unless otherwise stated)
Estrogen (Estradiol)	_____ orally _____ (micrograms) transdermal patch _____ skin gel
Conjugated equine estrogen	_____
Sequential progesterone (not taken daily)	_____ norethisterone acetate _____ medroxyprogesterone acetate _____ cyproterone acetate

Combined continued therapy	Same dose of estrogen
	Half the dose of progestin
	Additional progestins: _____ drospirenone _____ norethisterone acetate _____ medroxyprogesterone acetate
	no dose given intrauterine releasing local progestin/Myrena _____ or _____ (Tibolone)

9. Complete the gaps in the following information card.

Tibolone

Use:

- For women whose last menstrual period finished more than one or two years ago
- An alternative to combined continuous hormone therapy

Description:

- A synthetic steroid precursor molecule metabolised in a _____ fashion.

Effective for:

- Control of symptoms
- _____
- Improving sexual function

Further advantages:

- Doesn't cause much _____
- Doesn't increase breast density at mammography
- Prevents _____
- Decreases fracture risk
- May reduce _____
- Doesn't increase risk of _____

Potential negative aspect:

- (In older women) increases risk of _____.

10. Choose the BEST answer according to the information given by the speaker.

1 The use of ongoing hormone therapy...

A is not recommended for more than a year.

B is becoming less common.

C is decided by the patient's well-being.

2 In healthy menopausal women certain types of HRT can significantly increase the risk of

A venous thromboembolism.

B stroke.

C coronary heart disease.

3 Which of the following might significantly increase the risk of breast cancer?

A Surgical menopause.

B The time since menses ended.

C Initial use of combined hormone therapy.

4 The risk of breast cancer could be linked to ...

The risk of breast cancer could be linked to...

A the duration of progestin use.

B the kind of progestin in use.

C how the progestin is administered.

END OF PART B.

You now have 2 minutes to check your answers.

END OF LISTENING TEST

Listening Answer Keys

Practice Test 1- Part A & B

The following marking guide is intended to be as comprehensive as possible, but the answers provided here and in a real OET exam are not the only possible way in which a candidate may phrase their response to questions.

There may be acceptable variations, especially technical terms and abbreviations (common in medical case notes and histories and elsewhere). Some of these have already been included as alternatives in the marking guide, but others may also occur. As long as the idea is the same and clearly written; a mark will be given.

The essential point to keep in mind is whether an answer indicates an appropriate response to the question, not whether it follows the suggested answer exactly.

The following conventions have been following in preparing these answers:

- / Indicates an acceptable alternative within an answer
- OR** Indicates an acceptable (complete) alternative answer
- AND** Indicates that more than one piece of information is required
- ()** Indicates words, figures, or ideas in brackets are *not* essential to the answer – they are also not a sufficient substitute for the main idea indicated in the answer key.
- vital** Underlined words in **boldface** are essential to the answer.
- NOT** Indicates an unacceptable answer or part of an answer

Answer Key Part A

Total marks: 65 marks

Question 1 Initial details of Chris's medical problems

(Done for candidate as model)

Question 2 Chris' medical history

1 mark for each of the following

2a (Previous) hip surgery (10 years ago)

2b broke part/top (part) of hip

2c three bolts (through there/hip)

2d right knee surgery/arthroscopy/arthroscope **OR** removal of tissue from right knee

2e no diabetes

2f No high blood pressure/HBP

2g No regular medication/medicine

Question 3 Chris' medical history

1 mark for each of the following

3a (tries to) / exercise(s) frequently/regularly

3b walking

3c bike riding **OR** cycling

3d gardening

3e self employed **OR** business consulting (in accounting software)

3f (work involves) lots of typing/writing/computer use **OR** high computer use job

3g scuba diving

3h (plays) flute

Question 4 Background of the hand injury and immediate treatment

1 mark for each of the following

Details of the hand injury incident

4a four months ago

4b fractured fourth metacarpal (bone)

4c (injury sustained) drilling (brick wall) **OR** drill twisted arm **OR** drill pushed arm

Details of the hand injury incident

4d (went to) outpatients/emergency/hospital (at weekend)

4e (told it) wasn't/not broken

4f (felt injured/something wrong so/then) saw/went to (his) GP (early in the week)

4g (sent for) x-ray

4h (found) **spiral** fracture (in that bone)

- 4i (had) surgery **OR** went to orthopaedic surgeon
4j plate and/with **three** screws **OR three** screws in (the) plate

Question 5 Initial follow-up therapy

1 mark for each of the following

- 5a (couple, 2 or 3) physio(therapy) sessions
5b splint
5c (physio involved) **gripping** soft plastic/material **OR gripping** exercises
5d discharged (from treatment) **OR** no longer seeing (hand surgeon)

Question 6 Chris's current concerns

1 mark for each of the following

- 6a **raised** scar
6b lump on scar **OR** lump down the end of scar
6c difficulty lifting things **OR** couldn't lift scuba tanks
6d no power in wrist (to lift things) **OR** not enough power
6e notices more lifting heavy/heavier things **OR** can't lift heavy/heavier things
6f might drop (small) things/glass **OR** not enough grip **OR** can't grip properly **OR** (worried about) gripping)
6g (hand) swollen in morning(s)
6h (has to) exercise/move fingers **OR** hand exercises (every morning)
6i still (feels) swollen during the day **OR** never feels (exactly) right **OR** never 100%

Question 7 Katrina's examination and advice about Chris's scar

1 mark for each of the following

- 7a red and raised (scar) **OR** lump
7b no previous advice (from hand therapist)
7c normal scar tissue
7d 12 months (for scar tissue) to mature/settle **OR** will be red(ness)/raised for 12 months
7e massage (scar) with sorbolene/vitamin E) cream **OR** cream/massage to soften (scar/hard collagen)
7f (lump is) fracture callus **OR** (lump is) excess bone
7g 12 months (for lump to) decrease **OR** 12 month process
7h (will) always (have) a bit of lump **OR** (lump) will not go/disappear completely

Question 8 Chris's grip strength

1 mark for each of the following

Chris's comments before examination

8a (grip strength) previously measured but can't remember

8b not doing strengthening exercises as much as before **OR** not doing much (grip strength) exercise.

Katrina's comments after examination

8c left (hand) (about) 48 kilos/kg and right (hand) (down to) 34 **OR** less strength in right hand

8d should be 10% more (grip strength) in **dominant** (hand)

8e go back to (strengthening) exercises

8f use spring grip **OR** use tool that requires pressure

8g (about) 30-50 repetitions/grippings/reps four times per day

8h should be fatigued (by end of it) **OR** should find/feel you've done (a bit of) a work out

Question 9 Chris's swelling

1 mark for each of the following

9a reduced (range of) motion **OR** (swelling) reducing (range of) motion

9b (swelling is) normal after surgery **ORIF/open reduction internal fixation**

9c 12 months to decrease/go down

9d (due to) soft tissue trauma

9e moving/exercises fine **OR** fine how it's being managed (at the moment) **OR** exercises should reduce swelling

9f (consider) compression glove in a few months/at a later stage/if it's still a problem

9g cold water sometimes/might (**NOT** will) help

9h no pain

Question 10 Katrina's recommendations for the future

1 mark for each of the following

10a get stuck into exercises **OR** work hard on (grip strengthening) exercises **OR** do exercises

10b visit (again)/follow-up/come back in 2-3 weeks

10c **if no difference** (in two or three weeks), (will) change exercise programs

Answer Key Part A

Total marks: 65 marks

Question 1

(Done for candidate as model)

Question 2

1 mark for each of the following (in the order shown)

2a ~~rapidly~~ **AND** gradually

2b ~~80~~ **AND** 90

2c ~~variety~~ **AND** number

2d ~~mild~~ **AND** few

2e ~~health~~ **AND** life

Question 3

1 mark for each of the following (in the order shown with 3e & 3f in any order)

3a estrogen treatment

3b USA/U.S./America/United States of America

3c two

3d hormone (replacement) therapy **OR** H(R)T

3e cardiovascular disease

3f breast cancer/BrCa

Question 4

1 mark for each of the following (in the order shown)

4a 16,000 women

4b 45-55 (years)

4c (the) typical/usual target group/population

4d increase breast cancer **risk**

4e 26% (**NOTE: mark items 4d and 4e correct if written in one space with either no answer or incorrect answer in the other space**)

4f misleading

4g was cardio protective **OR** decreased cardiovascular risk

Question 5

1 mark for each of the following (in the order shown)

5a 97

5b 45 (**NOT per cent**)

5c 5 **years**

5d 6 **more**

5e 15
5g risk increase OR increased risk
5g overweight/obese
5h over/after (the age of) 55 (years)
5i estrogen
5j combined

Question 6

1 mark for each of the following (in the order shown)

6a observational
6b overall statement
6c none (at all) **OR** zero
6d five
6e consideration

Question 7

1 mark for each of the following (in the order shown with 7a, 7b, 7c in any order)

7a hot flushes/flushes
7b fatigue
7c depressed mood **OR** depression
7d vaginal dryness
7e urinary
7f urgency
7g **post-menopausal** osteoporosis

Question 8

1 mark for each of the following (in the order – fractions or decimals accepted)

8a 0.5 – 1
8b 25-37.5
8c 0.5
8d 0.3 – 0.45
8e 0.7
8f 5-10
8g 1
8h 2
8i 0.35
8j 2.5-5
8k 1.25 **AND** 2.5 (both answers are needed to give one mark, in any order)

Question 9

1 mark for each of the following (in the order shown)

9a tissue specific

9b vaginal atrophy

9c breast discomfort

9d bone loss

9e (breast) cancer risk

9f thromboembolism

9g stroke

Question 10

1 mark for each of the following (in the order shown)

10a C

10b A

10c B

10d B

END OF MARKING GUIDE.